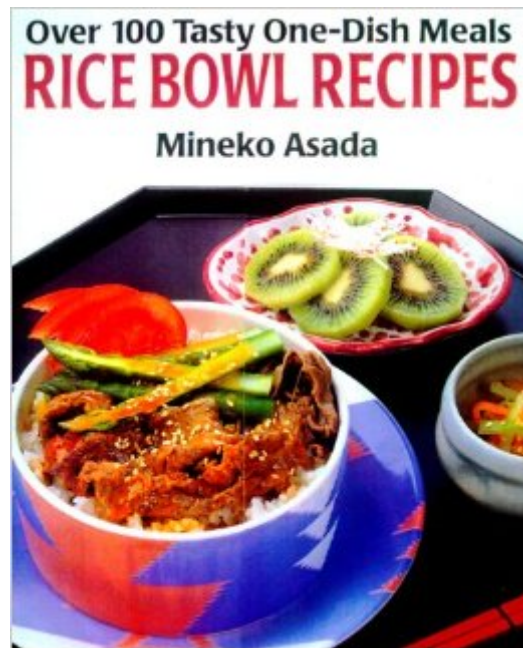


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Rice Bowl Recipes: Over 100 Tasty One-Dish Meals



Synopsis

QUICK AND EASY RECIPES FOR JAPANESE, CHINESE, KOREAN, AND WESTERN ONE-DISH RICE MEALS Whether it is Spanish paella, Korean bibimbap or Japanese donburi, one-dish rice meals are the world's comfort foods. This handy volume is packed with over one hundred easy-to-follow recipes for delicious and nutritious rice meals. The author, an instructor of Western, Chinese, and Japanese cooking techniques, draws on over thirty years of experience to present traditional recipes as well as her own original creations. The recipes start with traditional Japanese-style meals, including Ten Don and Oyako Don. Then the fun begins with recipes for Lemon-infused Paella-Style Rice, Stroganoff on Turmeric Rice, Fluffy Omelet Rice, and Coq au Vin Rice. Also included are sushi-style rice bowls and saffron rice based meals along with twenty side dishes including fresh salads, steamed vegetables and light soups. Illustrated with full-color photos throughout, Rice Bowl Recipes is an indispensable guide to making perfect rice every time.

Book Information

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Customer Reviews

I picked up this book on a trip to Japan and didn't really expect much out of it. To my surprise, it's become one of my all-time favourite cookbooks. It's a great way to start learning about Japanese home cooking. There are also some great recipes for Korean and Chinese dishes. Every recipe I've tried is quite tasty and easy to prepare. It's also great when cooking for 1-2 people or when you're on the go. For years I've thought rice was a side bowl of dry and bland grains. Well, no more! Get yourself a decent rice cooker and get ready for a new way of preparing wholesome, quick, and

delicious meals.

I am not a Japanese but my wife and I love eating Japanese food. We bought this book and used it multiple times for cooking dinner. The instruction was clear and the result was tasty. Highly recommended.PS: We usually just look at the photos in the book to pick the rice bowl that we want to prepare.

If you like rice dishes, buy this book. I'm no cook, but I've tried 3 different dishes in as many nights, and they all turned out great. There're MANY simple, delicious dishes that you can cook up within an hour or less. All I've bought so far is sake (I have most other oriental spices, oil, and what nots). I just had to get used to cooking w/o salt, cos you use soy sauce alot of times. Buy it and enjoy it!

Wow. That sums this up in one word. The recipies are setup for a serving of 1 person. No division required for odd number of people, just multiply the recipie and wham! We've made dozens of the recipies and although I'm white, I've got a Filipina friend that's telling everyone that I'm asian. The meals come out soo good I've got people asking us to cook for them. It's got helpful information for properly preparing rice, and other aspects of cooking that might be foreign to a lot of people out there. I definately recommend this for everyone.

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